

Bradleys Both Community Primary School
Relationships and Sex Education (RSE) and Health Education Policy

School's Values and Ethos for RSE

Bradleys Both Community Primary School considers Relationships and Sex Education to be a central part of its Personal, Social, Health and Citizenship Education (PSHCE) curriculum, whilst also being directly linked to the content for its Science curriculum content.

We aim to provide children with planned units of work covering relationships, human development, sexuality and family life within a safe, comfortable atmosphere and in a relaxed relationship between teacher and child. The curriculum is delivered in units of work set within a moral framework and matched to the pupils' level of maturity. This policy reflects the learning outcomes for DfE Relationship and Sex Education and Health Education that became statutory from September 2020.

Relationship and Sex Education Curriculum Intent

Bradleys Both Community Primary School intends for its RSE curriculum to:

- Provide a framework in which sensitive discussions and learning can take place Help children develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships
- Prepare children for puberty
- Give children an understanding of sexual development and the importance of health and hygiene
- Teach pupils the correct vocabulary to describe themselves and their bodies
- Recognise that parents are the key people in teaching their children about relationships, growing up and sex.
- Work in partnership with parents and children, informing and consulting them about the curriculum content.
- Recognise that the wider community has much to offer and we aim to work in partnership with health professionals, social workers, other mentors or advisers

Relationship and Sex Education Curriculum Implementation

RSE is taught within the Personal, Social, Health and Citizenship Education (PSHCE) curriculum and biological aspects are taught within the Science curriculum. Although it is more concerned with the physical aspects of development and reproduction, the importance of relationships is inextricably linked within the delivery of units of work and our school ethos.

The Year 5 and Year 6 children also receive designated sex education lessons delivered in same-sex groups during the Autumn and Summer terms. Parents are informed about and consulted with about the content of what is taught. Opportunities are provided for parents to discuss any concerns with teaching staff.

Across all Key Stages, children will be supported with developing their knowledge and understanding in:

- Communication, including how to manage changing relationships and emotions
- Recognising and assessing potential risks
- Assertiveness
- Seeking help and support when required
- Informed decision-making
- Self-respect and empathy for others
- Recognising and maximising a healthy lifestyle
- Managing conflict
- Discussion and group work

These skills are taught within the context of family life.

Topic areas for primary schools include:

Relationships Education

- Families' and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

Health Education

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic First Aid
- Changing adolescent body (puberty)

The DfE Relationship and Sex Education and Health Education learning outcomes that became statutory from September 2020 are clearly taught and covered. Also supporting the teaching and learning of PSHE and RSE is KAPOW Primary, which follows the National Curriculum and statutory guidance for teaching these subjects and provides consistency of teaching and learning across school.

PSHE lessons may consider questions or issues that some will find sensitive. Before embarking on these lessons ground rules are established which prohibit inappropriate personal information being requested or disclosed by those taking part in the lesson. When children ask questions, we aim to answer them honestly, within the ground rules established at the start of the sessions. When it is felt that answering a specific question would involve information at a level inappropriate to the development of the rest of the children, the question may be dealt with individually at another time.

Issues which are raised outside these lessons will be dealt with appropriately and sensitively within a trusted and safe environment.

RSE Curriculum Impact

Effective RSE makes a significant contribution to the development of communication and personal skills needed by children in order for them to establish safe relationships, where they value love and respect. It also enables young people to make responsible and informed decisions about their health and well-being both now and in the future.

Assessment

A range of formal and informal assessment approaches will be used to ascertain children's gained knowledge and understanding. Assessment will be carried out through questioning, learning activity and knowledge reviews in line with our school's Assessment policy.

Inclusive Practice

- **Ethnic and Cultural Groups**

We intend our policy to be sensitive to the needs of different ethnic, cultural and religious groups. We encourage parents to discuss any concerns with the Headteacher.

- **Special Educational Needs**

All children will receive age appropriate sex and relationship education, and appropriate provision will be planned to support the particular needs of all our children, taking specialist advice where necessary.

- **Sexual Identity and Sexual Orientation**

We aim to deal sensitively and honestly with issues of sexual orientation, answer appropriate questions and offer support.

Right of Withdrawal of Pupils from Relationship and Sex Education

From September 2020, new legislation determines that:

- Parents will **not** be able to withdraw their child from Relationships Education in primary school.
- Parents **will** be able to withdraw their child from primary school classes which address **sex education** - i.e. those that do not sit within the Relationships Education curriculum.
- Maintained primary schools are required to teach National Curriculum Science, which includes some elements of sex education. Parents **do not** have a right to withdraw from this.
- Schools will continue to be required to publish policies on these subjects for parents, and statutory guidance will continue to set out that schools should consult parents on those policies.

Confidentiality

It should be made clear to pupils that all adults in school cannot guarantee absolute confidentiality. This should be made clear when forming the 'Class Ground Rules' at the start of lessons and discussions.

Safeguarding

Bradleys Both Community Primary School aims to meet safeguarding responsibilities as set out in the 'Keeping Children Safe in Education' Guidance.

A child under 13 is not legally capable of consenting to sexual activity. Any offence under The Sexual Offences Act 2003 involving a child under 13 is very serious and should be taken as an indication of a risk of significant harm to the child. Cases involving under 13s should always be disclosed to the Designated Safeguarding Lead (DSL) and subsequent advice taken from Safeguarding.

Under the Sexual Offences Act, penetrative sex with a child under the age of 13 is classed as rape. Therefore, in all cases where the sexually active young person is under 13, a referral should be made to Social Care Direct identifying the young person, and the sexual partner if known. Following this, a Strategy Meeting or discussion will be held. The meeting will involve a Team Manager, Social Worker, Police, Health Worker, Education and Welfare and other relevant agencies, to discuss appropriate next steps.

Where the allegation concerns penetrative sex, or other intimate sexual activity occurs, there would always be reasonable cause to suspect that a child, whether girl or boy, is suffering or likely to suffer significant harm. All cases involving under 13s should be fully documented including detailed reasons why decisions were made not to share information.

Health professionals in school are bound by their codes of conduct but have a duty to share information with relevant others, if they believe that a child is suffering abuse.

These procedures should be read in conjunction with Bradleys Both Community Primary School's Child Protection Policy.

Roles and Responsibilities

Statement of responsibilities of all stakeholders

- **The Governing Body**

Oversee the planned structure for the provision of RSE

Monitor the implementation of the statutory requirements for September 2020 Relationships and Sex Education and Health Education

- **Headteacher**

Oversee the provision for managing the teaching and learning of RSE.

Deploy teaching staff appropriately and utilise specialist staff / advisers when appropriate

Deploy appropriate resources / budget

- **RSE / PSHCE Leader**

Carrying out an annual review and audit of the subject

Monitor and evaluate the teaching and learning across the whole school

Secure appropriate teaching resources

Identify staff training requirements

- **Staff Teaching Team**

Plan and deliver annual unit of work to fulfill the National Curriculum requirements and broaden the children's learning.

Review teaching units of work to provide progression across the whole school

- **Specialist Staff / Advisers**

Support teaching and learning as appropriate and required

- **Parents/Carers**

Being available for children to talk to and ask questions

Positively support the school in delivering the RSE curriculum to children and reinforce teaching points outside of school

Communicate with school about any concerns, worries or queries in respect of content being taught.

This policy has been written in conjunction with the NYCC Relationships and Sex Education Guidance for schools September 2019.

Links to other Policies

This policy link to:

- Safeguarding / Child Protection.
- Confidentiality Policy
- Anti-bullying policy
- PSHCE Policy
- Online Safety Policy
- Inclusion Policy
- Teaching and Learning
- Science
- Equalities